



SUNSHINE COAST  
INFUSION THERAPIES

Dear Doctor,

We would like to introduce ourselves. Sunshine Coast Infusion Therapies is a service run at The Sports Hub Bokarina that delivers IV Infusions, IM injections and SC injections.

We also run the EWOT System (Exercise With Oxygen Therapy) to assist performance of our infusions and health of our clients. I am Marie one of the Co-Founders of this amazing business. Together with my husband John we have open Sunshine Coast Infusion Therapies. I have been a nurse for the past 40 years and have recently decided to follow what really inspires me and that is assisting people to have optimal functional wellness to be the most healthy and successful they can.

With the experience I have in nursing and my own health journey has led me to create this business to assist others to have great health. As your patient is attending at our clinic, they will be accessing the infusion services.

Some of the components of the infusions require prescriptions and would very much like to work with you to provide us with a prescription that they may require. This will greatly assist our service in providing optimal care collaboration and communication of what infusions are being administered to your patient. This will allow you to assess their progress of improvement in their health and wellness.

The preference for receiving the script is via e-mail to [info@scitmail.com.au](mailto:info@scitmail.com.au) and then giving the original prescription to:

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**GP REQUEST FORM - FOR PRESCRIPTION FOR GLUTATHIONE 200MG/ML**

I would like to request a prescription for your patient for Glutathione 200mg/ml please.

With each infusion 2g is required. The Pharmaceutical supplier produces in 5ml vials. We require 10mls with each infusion. As a commencement 6 vials would be sufficient.

We hold them in a separate compartment in our medical fridge only to be used for your patient and register each time your patient uses the Glutathione and how much used. This covers legal requirements for storage and use. We will also print off usage prior to your patient requiring additional prescriptions. This will allow you to see their usage. We allow 1 to 3 sessions per month.

We use GLUTATHIONE for liver detoxification and recovery, skin refreshing that stimulates collagen production, evens out blotchiness and gives even skin tones and detoxifying the body and replenishing with other nutrients and vitamins.

Many thanks,

Marie and John Morris.

**Our Email Address is (Preferred):**

[info@scitmail.com.au](mailto:info@scitmail.com.au)

**Our Postal Address is:**

Level 1, Unit 20/26 Main Drive , Bokarina 4575 QLD

 (07) 5337 9191

 [info@scitmail.com.au](mailto:info@scitmail.com.au)

 [sunshinecoastinfusiontherapies.com.au](http://sunshinecoastinfusiontherapies.com.au)

**Below is a short SUMMARY of GLUTATHIONE (GSH) and benefits it may produce.**

Glutathione is known as the body's "Master Antioxidant" to naturally purify the body from the inside out. Glutathione is the body's most powerful and important antioxidant, present in every cell in the body, it also plays a crucial role in detoxifying cells and ridding the body of heavy metals, toxins and free radicals. By improving the health of every cell in the body, particularly in the skin, hair and nails, giving a radiant, healthy glow from the inside out.

Age spots may also be decreased and prevented by enhancing the Glutathione levels in your body. The anti-aging effects of Glutathione intravenously are remarkable, from complexion, age spots and wrinkles. There is very little that won't benefit from this master antioxidant.

GSH (a mix of cysteine, glycine, and glutamate) is an extremely important cell protectant. It directly quenches reactive hydroxyl free radicals, other oxygen-centred free radicals, and radical centres on DNA and other biomolecules. GSH is a primary protectant of skin, lens, cornea, and retina against radiation damage and other biochemical foundations of P450 detoxification in the liver, kidneys, lungs, intestinal, epithelia and other organs.

**Glutathione is a substance produced naturally by the liver** and may benefit people in the area of cataract and glaucoma health, slowing the ageing process, asthma, cancer, heart disease (atherosclerosis and high cholesterol), hepatitis, liver disease and diseases that weaken the body's system. It may be beneficial in chronic fatigue syndrome, memory loss, Alzheimer's disease, osteoarthritis, and Parkinson's disease. Glutathione is also used for maintaining and boosting the body and may assist in reducing heavy metal and drug buildup.

Glutathione is breathed in (inhaled) and may assist in the decrease in lung diseases, including idiopathic pulmonary fibrosis, cystic fibrosis, and lung disease in people with HIV disease. Glutathione may be given by injection into the muscle for lessen the bye products and side effects of cancer treatment (chemotherapy) and may be helpful male infertility.

Healthcare providers also use glutathione intravenously (by injection into the vein, by IV) that may rejuvenate "tired blood" (anaemia) in kidney patients undergoing haemodialysis, may improve blood flow and decreasing clotting in individuals with "hardening of the arteries" (atherosclerosis) and may assist in improving diabetes. Reference: Web MD Research on Peripheral Artery Disease.

**Objective:** To assess the effects of glutathione on pain-free walking distance (PFWD) and haemodynamic parameters in patients with peripheral artery disease.

**Patients and Methods:** Forty patients with Fontaine stage II peripheral artery disease who were seen between September 2000 and March 2001 at the vascular laboratory and ward of the Division of Vascular Medicine and Rehabilitation at Verona University were studied in a double-blind, placebo-controlled trial. The patients were randomly assigned (20 per group) to treatment with intravenous glutathione twice a day or saline solution twice a day for 5 days. Treatments were administered in a double-blind manner. The 2 groups of patients underwent measurement of PFWD by strain-gauge plethysmography and laser Doppler flowmetry (with postischaemic test) of the symptomatic leg at rest and after treadmill test. All measurements and tests were repeated 12 hours after the last infusion.

**Results:** Between the 2 groups, haemodynamic tests showed no differences in baseline values and at rest after treatment. At rest, no differences were observed between basal and post treatment values; findings in the saline group were similar during tests before and after the infusion period. In the glutathione group, we observed increases in PFWD (196±15 vs 143±11 m; P<.04), macrocirculatory flow after treadmill test with plethysmography at the end of treatment (9.3±2 vs 2.8±0.5 mL per 100 mL/min; P<.002), and postischemic hyperaemia with laser Doppler flowmetry, registered as perfusion units (PU), at the end of infusions (14.4±3.2 vs 6.18±1.5 PU; P<.005), with a greater area under the curve after treatment (705±103 vs 508±45 PU/s; P<.001) and reduced time to flow motion (32±4 vs 48±11 seconds; P<.05). Conclusion: In patients with peripheral artery disease, glutathione prolongs PFWD and shows an improvement of macrocirculatory and microcirculatory parameters.

**Conclusion:** In patients with peripheral artery disease, glutathione prolongs PFWD and shows an improvement of macrocirculatory and microcirculatory parameters.

